



METROWEST PICKLEBALL LEAGUE

MILLIS – MEDFIELD – MEDWAY – FRANKLIN

The MetroWest Pickleball League consists of four towns: Millis, Medfield, Medway and Franklin. Divisions consist of four teams from each participating town. Every week, divisions will compete against an opposing town from within the league. Teams will compete in at least two games per week.

Each 4-team division will have a captain that sets the lineup each week. Players will provide their paddles and USTA will provide the balls and a player gift. Games will rotate each week between the Millis and Medway pickleball courts.

Level of Play

Advanced: Players have a high level of consistency and use pace and depth to generate opponents' error or set up next shot. Players can effectively direct the ball with varying depth and paces with good consistency. Players serve with power, accuracy, and depth and can also vary the speed and spin of the serve. This is equivalent to a 4.0-4.5 rating.

Intermediate: Players have dependable shot control and serves, increased consistency with some ability to control height/depth. Players can sustain short to medium rallies and are starting to understand variations of pace and depth of shots. This is equivalent to a 3.0-3.5 rating.

SUNDAYS: 4/30-6/11 (6 WEEKS)

Advanced Division: 9:00AM-10:15AM

Intermediate Division: 10:15AM-11:30AM

Millis High School Courts

245 Plain Street, Millis, MA

Medway High School Courts

88 Summer Street, Medway, MA